



## **Rules for Wood Bat Norwegian Softball** **Friday, August 21<sup>st</sup>, 2015 - 6:00 Start**

**1<sup>st</sup> Inning**     *Regular Softball (3 outs per team or 5 runs whichever comes first)*

*(Wood Bats / Men & Women's Ball)*

Start with a 1-1 count. No courtesy foul.

**2<sup>nd</sup> Inning**     *1 pitch (4 outs per team or 5 runs whichever comes first)*

*(Wood Bats / Men & Women's Ball)*

Pitch must be legal pitch at least 6 feet off the ground at its highest point. Pitch must hit the mat or swung at to be a strike. A foul ball is an out!

**3<sup>rd</sup> Inning**     *Bat opposite Hand (3 outs or 5 runs)*

*(Wood Bats / Men & Women's Ball)*

Each batter must bat on the opposite side that they would normally do.

**4<sup>th</sup> Inning**     *Run Bases Backwards (3 outs or 5 runs)*

*(Wood Bats / Kitten Ball) (No gloves for men when kitten ball is being used!)*

Batter has to run to 3<sup>rd</sup> and has to carry his/her bat. If he/she leaves the bat behind, they have to go back to home and retrieve it and then go back to 3<sup>rd</sup> base, the bat is left at third. To get home the runner has to run from 3<sup>rd</sup>, 2<sup>nd</sup>, 1<sup>st</sup>, then home.

**5<sup>th</sup> Inning**     *Draw for Positions (3 outs or 5 runs)*

*(Wood Bats / Kitten Ball) (No gloves for men when kitten ball is being used!)*

Each player in the outfield will draw for their position from a hat, except for pitchers. NO TRADING POSITIONS, Once your position is drawn, that is the position that is played...No Ifs, Ands, or Butts about it.

**6<sup>th</sup> Inning**     *Outfielders Throw With Opposite Hand (3 outs or 5 runs)*

*(Wood Bats / Kitten Ball) (No gloves for men when kitten ball is being used!)*

Each outfielder has to throw with their opposite hand, meaning he/she has to throw the ball for all plays with that hand. If he/she doesn't it is an automatic base advance for the runners.

**7<sup>th</sup> Inning**     *Bat opposite Hand (3 outs or 5 runs)*

*(Wood Bats / Kitten Ball)*

Each batter must bat on the opposite side that they would normally do.

- Each Team Gets (1) Defensive and (1) Offensive DO-Over
- Outfielders can bring their beverage out on the field, if the batters ball knocks it over, that batter is out.
- Players will be positioned (boy, girl, boy) - at bat and in the field.
- 4 Outfielders must stay in the grass.
- ***Umpires call is final.***
- Players exhibiting out of line, foul, or bad sportsmanship will be benched for the whole evening. This is a friendly night for laughs, not intense competition.